

# Addressing Chronic Pain & Addiction

in Missoula, Mineral & Ravalli Counties

“A Community Network Response”



**May 20th & 21st**

**The University Center, 3rd Floor  
Missoula, Montana**

**Be A Part Of The Solution,  
Attend This FREE Conference!\***

\*For education or post credit \$10 CE or \$25 CME

# Financial Support

Center for Substance Abuse Treatment  
Montana Attorney General's Office  
St. Patrick Hospital and Health Sciences Center  
Western Montana Addiction Services

Community Medical Center  
Montana Board of Crime Control  
Western Montana Mental Health Center

# Commercial Support

Reckitt Benckiser Pharmaceuticals

Vista Pharmaceuticals

# In-Kind Support

Advanced Pain and Spine Institute  
American Cancer Society Cancer Action Network  
Child and Family Services  
Missoula Anesthesiology, PC  
Missoula Police Department  
St. Patrick Hospital and Health Sciences Center  
Western Montana Mental Health Services

American Cancer Society  
Attorney General's Office  
Community Medical Services  
Missoula Indian Center  
Montana Spine and Pain Center  
Western Montana Addiction Services

# Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Northwest Research & Education Institute and Montana Pain Initiative- The American Cancer Society. Northwest Research & Education Institute is accredited by the ACCME to provide continuing medical education for physicians.



# Credit Designation

The Northwest Research & Education Institute designates this educational activity for a maximum of eight and three-quarters **(8.75)** AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of eight and three-quarters **(8.75)** hours of Category I credit for completing this program.

Continuing Education Credits have been requested by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Social Work, Licensed Addiction Counselor, Licensed Clinical Professional Counselor, Marriage and Family Therapists, and Law Enforcement credits have also been requested.

# Planning Committee

**Erin Corbett, MSW**  
Community Medical Services

**Keri Daniels, BSW, LAC**  
Missoula Indian Center

**Cheryl Dorsman, RN**  
St. Patrick Hospital

**Steve Kemple, DO**  
Missoula Anesthesiology, PC

**Melinda Mason, LCSW**  
Western Montana Mental  
Health Center

**Tammera Nauts, LCSW, LAC**  
Western Montana Addiction Services

**Kaye Norris, PhD**  
Montana Pain Initiative  
American Cancer Society

**Meg Sarnecki, MD**  
Partnership Health Center

**Randale Sechrest, MD**  
Montana Spine and Pain Center

**David Segerstrom, LCSW**  
Advanced Pain and Spine Institute

**Siri Smillie**  
Attorney General's Office

**Joanie Stormo**  
Child and Family Services

## Overview

This interdisciplinary conference brings together national and local leaders involved in efforts to address the diverse challenges of effectively managing chronic pain, addiction, and mental illness. The rise of abuse of, and addiction to, opioids calls for a community effort including health care providers, social workers, mental health counselors, addiction counselors, and law enforcement to determine an appropriate response. Participants can share resources and expertise, network with one another, and learn how to manage pain while reducing the risk of abuse, addiction and diversion. Priority will be given to those registrants who work in Missoula, Mineral, and Ravalli Counties. If you are interested in organizing this type of educational and network building event in your geographic location, contact Kaye Norris, PhD, Program Director, Montana Pain Initiative, American Cancer Society, 406.728.1004, kayenorris@hughes.net .

## Educational Objectives

At the conclusion of this continuing medical education event, participants should be able to:

- Describe the addiction disease process
- Determine appropriate methods for managing pain, addiction, and mental illness
- Discuss the process for building community networks
- Identify mechanisms for coordinating community systems
- Explain methods for reducing risk of opioid abuse

## Who Should Attend

Physicians, nurses, pharmacists, physician assistants, social workers, psychologists, addiction counselors, first responders, advocates, child and family service workers, law enforcement personnel, judges, prosecutors, police officers, correction officers, and all those interested in effective management of the co-occurring disorders of chronic pain, addiction, and mental illness.

## Included with Your Registration

All sessions, meeting materials, Thursday evening reception with heavy appetizers, Friday morning continental breakfast, lunch, and refreshments during breaks.

## Conference Location

The conference will be held at the University of Montana in the University Center on the third floor: 32 Campus Drive, Missoula, MT 59812, 406-243-4115, <http://www.umt.edu/home/map/>

## Parking

The conference will be held during the week after commencement so parking will be available. Visitors may park on the top floor of the parking garage, anywhere in the lot south of the University Center, or in the two rows closest to the street directly behind (East of) the Continuing Education Building which is attached to the University Center. Visit <http://www.umt.edu/home/map/> for additional information. Parking permits cost \$3.00 per day and can be picked up at registration. Parking is free for the Thursday evening presentations.

## Lodging

A block of rooms has been reserved at the Double Tree Hotel, 100 Madison Street, Missoula, MT 59802-4739, (406) 728-3100, at the conference rate of \$91 plus tax. The Double Tree is located next to the Clark Fork River across the walking bridge from the University of Montana. [http://doubletree1.hilton.com/en\\_US/dt/hotel/RLMV-DT-Doubletree-Hotel-Missoula-Edgewater-Montana/index.do](http://doubletree1.hilton.com/en_US/dt/hotel/RLMV-DT-Doubletree-Hotel-Missoula-Edgewater-Montana/index.do)

A block of rooms has also been reserved at the Wingate by Wyndham, 5252 Airway Blvd, I-90 Exit99 / Airway Blvd 1Bik, Missoula, MT 59808 US for the conference rate of \$91 plus tax. The Wingate is located 1 mile from the airport, serves complimentary breakfast, and a shuttle service can provide transportation to and from the conference and nearby areas. The hotel has a business and fitness center, a water park, and microwaves and refrigerators in the rooms. <http://www.wingatemissoula.com/>

## Conference Attire

We recommend business casual attire. To ensure your comfort in the conference rooms, please bring a sweater or jacket to accommodate temperature variations.

## Conference Fees and Registration

To register for this FREE conference go to [www.mtpain.org](http://www.mtpain.org)

Continuing Education and Post credit fees: \$25 for CME or \$10 for CE

Registration Deadline: May 7, 2010

## Sponsorship

If your organization is interested in sponsoring this or other Montana Pain Initiative events, please contact Kaye Norris, PhD, 406.728.1004, ext. 208, or [kayenorris@hughes.net](mailto:kayenorris@hughes.net)

## Keynote Speaker Bios

### Steve Bullock, Montana Attorney General

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Mr. Bullock was elected as Montana's 20th Attorney General in November 2008. As Attorney General, Bullock is the state's chief lawyer and law enforcement officer. He leads the Montana Department of Justice, which encompasses the Forensic Science Laboratory, the Montana Highway Patrol, the Motor Vehicle Division, Gambling Control, Legal Services and the Division of Criminal Investigation, as well as the department's information technology staff. Mr. Bullock began his career in public service in 1996 as chief legal counsel to the Montana Secretary of State. He went on to serve four years with the Montana Department of Justice, first as executive assistant attorney general, and later as acting chief deputy (1997-2001). During this time, he also served as legislative director, coordinating the Attorney General's legislative efforts. He is committed to curbing prescription drug abuse and reducing drunk driving in Montana; protecting Montana consumers; and making Montana communities safer, especially for children.

### Joan Cassidy, Chemical Dependency Bureau Chief

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Ms. Cassidy is the Bureau Chief & Single State Agency Director of the Chemical Dependency Bureau, which includes the Montana Chemical Dependency Center (MCDC)/Addictive and Mental Disorders Division of the Montana Department of Public Health and Human Services. She has worked thirty years in the field of substance abuse treatment and prevention. She serves as the Chairperson of Montana's Co-Occurring Transformation Team and is a member of the Montana Systems of Care Advisory Board; the Montana Tobacco Advisory Board; and the National Association of State Alcohol and Drug Abuse Directors Inc. (NASADAD).

### Steve Passik, PhD

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Dr. Passik is the Associate Attending Psychologist in the Department of Psychiatry and Behavioral Sciences at Memorial Sloan-Kettering Cancer Center and Assistant Professor of Psychology at Cornell University Medical College. He received his doctorate in clinical psychology from the New School for Social Research in New York, NY, and was a chief fellow of Psychiatry Service at Memorial Sloan-Kettering Cancer Center

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## Keynote Speaker Bios

in New York. He has served on the editorial board of the Journal of Pain and Symptom Management and has been a reviewer for the Journal of Pharmaceutical Care in Pain and Symptom Control, Journal of Pain and Symptom Management, Psycho-Oncology, Agency for Health Care Policy and Research Cancer Pain Guidelines, Cancer Investigation, and Oncology. He is the author of more than 113 journal articles, 55 book chapters, and 59 abstracts. He has lectured extensively, both nationally and internationally, on the topics of pain management, palliative care, and pain medication-related substance abuse.

### Steve Kemple, DO

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Dr. Kemple, a graduate of the Texas College of Osteopathic Medicine, is trained in two specialties. After medical school, he went on to complete a residency in Family Medicine at the Mesa General Hospital in Arizona. After his family medicine residency, he decided on a career change and completed an Anesthesiology residency at the University of Arizona. Immediately after residency, Dr. Kemple moved to Missoula to start his Anesthesia career. Dr. Kemple has provided pain management care since his arrival in Missoula seventeen years ago. His recognition of the need for a formalized pain management program inspired him to form the first private practice inter-disciplinary pain program in Missoula in 2005, now known as Advanced Pain and Spine Institute.

### Randale Sechrest, MD

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Dr Sechrest is the Medical Director of the Montana Spine and Pain Center. He is board certified in Orthopaedic Surgery and has practiced in Montana since 1987. Dr. Sechrest has clinical and research interests in the management of chronic, musculoskeletal pain states and the incorporation of integrative health care modalities in the treatment of chronic pain states. He is a faculty affiliate with the University of Montana School of Pharmacy, a member of the advisory boards of the Montana Neurosciences Institute Foundation, the Institute of Medicine and Humanities, the Montana Area Health Education Centers and the Missoula WWAMI Medical Student Education Track. Dr. Sechrest received his MD degree from Duke University in 1980 and completed an orthopaedic residency at the University of Virginia in 1987. He served as a general medical officer with the Indian Health Service from 1981-1983 in Browning, Montana.

# Keynote Speaker Bios

## Daniel Nauts, MD

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Dr. Nauts practices addiction medicine and psychiatry at Montana State Hospital in Warm Springs. In addition, with support of Montana AMDD through a co-occurring grant, he provides services at Western Montana Addiction Services addressing needs of co-occurring patients, including psychiatric medication management and buprenorphine maintenance. The focus of this care has been to address the needs of individuals who often fall through the gaps between the addictions and mental health systems. Dr. Nauts received his Medical Degree at the University of Michigan School of Medicine in 1969. He completed his internal medicine residency also at the University of Michigan in 1974. This training included 1 ½ years of psychiatry residency at the University of Michigan and the University of British Columbia. He became board certified in internal medicine in 1974. Thirteen years of his practice occurred in Great Falls, initially at Deaconess and eventually after merger– Benefis Behavioral Health. As medical director of addiction services, he played an integral role in the merger of addiction services with psychiatry creating a behavioral service. In addition, he provided consultative services for complex pain patients, and patients requiring withdrawal management on the medical and surgical services. Several trainings were provided focusing on treating pain without addiction.

## Anton Bizzell, MD

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Dr. Bizzell is Vice President of Health and Clinical Services at DB Consulting Group, Inc., and has over 15 years of combined clinical, research, health services, policy and management experiences with various private and public organizations and agencies within the US Department of Health and Human Service, including the National Institutes of Health (NIH) and the Substance Abuse and Mental Health Services Administration (SAMHSA). Dr. Bizzell earned his Doctorate of Medicine from the University of Virginia, Charlottesville, Virginia. He completed his postgraduate training in Family Medicine at Howard University Hospital in Washington, DC. Shortly after completing his residency he joined the Howard University faculty in the Department of Community Health and Family Practice. Most of his career has been spent on public health issues related to access and quality of medical care, substance abuse and behavioral health services. He has extensive experience in collaborating and interacting with health professional and community organizations as well as expert knowledge in identifying and treating medical diseases in the fields of primary care, mental health and substance abuse.

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## About the Montana Pain Initiative

The Montana Pain Initiative is a grassroots, interdisciplinary project of the American Cancer Society and the American Cancer Society Cancer Action Network dedicated to improving the quality of life of Montanans with pain by removing barriers to effective pain assessment and management through research, education, and advocacy. Visit [www.mtpain.org](http://www.mtpain.org)

# Addressing Chronic Pain & Addiction



Northwest Research  
& Education Institute



## Thursday Evening, May 20

- 5:30 – 7:30 pm **Early Registration**
- 5:30 – 6:30 **Reception with no host bar and heavy appetizers**
- 6:30 – 6:40 **Welcome and Introduction**  
Kaye Norris, PhD – Program Director, Montana Pain Initiative, American Cancer Society  
Tammera Nauts, LCSW, LAC – Western Montana Addiction Services
- 6:40 – 7:30 **“The Impact of Prescription Drug Abuse in Montana”**  
Steve Bullock – Montana Attorney General
- 7:30 – 8:00 **“Understanding Community Based Treatment and Prevention Systems in Montana**  
Joan Cassidy – Addictive & Mental Disorders Division; Chemical Dependency Bureau Chief
- 8:00 – 8:15 **Wrap up and Adjourn until 7:30 AM May 21**

## Friday, May 21

- 7:30 – 9:00 am **Registration**
- 7:30 – 8:00 **Continental Breakfast**
- 8:00 – 8:15 **Welcome and Introduction**  
Kaye Norris, PhD – Program Director, Montana Pain Initiative, American Cancer Society  
Tammera Nauts, LCSW, LAC – Western Montana Addiction Services
- 8:15 – 8:45 **“Who We Are – Why We Are Here – What We Need to Accomplish”**  
Randale Sechrest, MD – Montana Spine & Pain Center  
Steve Kemple, DO – Advanced Pain & Spine Institute

- 8:45 – 9:45 **“Addiction: The Disease and its Interplay with Behavior, Co-Occurring Disorders and our Community”**  
Daniel Nauts, MD – Montana State Hospital; Western Montana Addiction Services
- 9:45 – 10:00 **Break**
- 10:00 – 11:15 **“Treating Pain, Addiction, and Mental Illness”**  
Steve Passik, PhD – Memorial Sloan Kettering Hospital
- 11:15 – 12:00 **Community Panel: Personal Experiences**
- 12:00 – 1:00 **Lunch**
- 1:00 – 2:00 **“Building Your Community Network”**  
Anton Bizzell, MD – Vice President of Health and Clinical Services at DB Consulting Group, Inc.
- 2:00 – 2:20 **Break**
- 2:20 – 3:20 **Breakouts: Interdisciplinary Network Building**
- 3:20 – 3:45 **Reports from Breakouts**
- 3:45 – 4:30 **“Managing Risk while Treating Patients with Co-Occurring Disorders”**  
Anton Bizzell, MD – Vice President of Health and Clinical Services at DB Consulting Group, Inc.
- 4:30 – 5:00 **“Where Do We Go From Here”**  
Steve Kemple, DO – Advanced Pain & Spine Institute  
Randale Sechrest, MD – Montana Spine & Pain Center

**Montana Pain Initiative  
American Cancer Society  
3550 Mullan Road, Ste. 105  
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& Registration information.***